

# CRONOGRAMA DE EPISODIOS AFECTIVOS

NOMBRE :

Hª Cª :

AÑO :

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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Notas :

**AÑO :**

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**Notas :**

**Ejemplo de Registro de Episodios Afectivos :** Marcar línea en rojo (o círculos) en espacio superior durante los períodos hipertímicos. Línea en azul (o cruces) en espacio inferior en los hipotímicos. Tachar casillas durante hospitalización. Anotar hechos significativos (bajas laborales, sucesos vitales...). C= consulta, F= familia, T= teléfono. Establecer "llamadas" en el calendario para recoger bajo cada año otros datos de interés (tratamientos y cambios, dosis y niveles, efectos secundarios, analíticas realizadas...).

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**Notas :**